

KZV-ASPIA HOT LUNCH MENU

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	
	1 <i>Pasta with vegetables Salad & Fruits</i>	2 <i>Green Bean Stew Bulgur pilaf Salad & Fruits</i>	3 <i>Chicken Drumsticks, rice pilaf, salad & fruit</i>	4 <i>Oven Baked Meat & Potatoes. Option of Bulgur or rice pilaf. Salad & Fruit</i>	5	
7	8 <i>Lahmajoun Salad & Fruit</i>	9 <i>Chicken Tender Salad bar & Fruit</i>	10 <i>Hamburger, fries, salad & fruits</i>	11 <i>Chicken Fajitas Vegetables, rice, salad & fruit</i>	12 <i>NAC Breakfast Yogurt/berry parfait Manaish/Zeghter Bread 8th Grade Pizza</i>	
14	15 <i>Green Peas & Carrots Rice pilaf, Salad & Fruit</i>	16 <i>Chicken Kebab Taboule Fruit</i>	17 <i>Lule Kebab, Fatoush (Tomato & cucumber, Toasted Bread & spices) & Fruit</i>	18 <i>Spaghetti with Meat Salad, Fruit & Jell-O</i>	19	
 Father's Day	22	23	24	25	23	
	29	30	1		27	

Have a Great Summer